

DONNA FROST

Born Performing

Well, almost.

Nashville singer, songwriter, and touring recording artist knows no other life than being on the road. Mom was on the road performing two weeks before Donna was born, and back out on the road two weeks after giving birth.

“I came from a musical family. So, music has been with me from the start. Music has been my way of life from day one, and it will be until I die.”

By Deborah Baliles

Photo by Price Harrison

The Frost Family’s music road started with mom and dad, Barbara and Don Frost. The original quartet consisted of Barbara, Don, Carl and Alvin (Don’s brothers), along with Mary (Barbara’s sister). The quartet was called The Frost Juniors; traveling, and singing all over the place. The music lineage also goes back to grandparents who traveled and sang, too. However, Don and his brothers went on to form The Frost Brothers, performing all over the US, recording, and releasing a number of albums in their performing years.

Reflecting on her family heritage, Donna shares, “Dad is still very much active with recording, hosting, and producing his own TV show on TCT. Mom left performing in the early 1960s, working a job, and taking care of my siblings and I. She was my dad’s right hand with his music endeavors in their later years. She sang in church until passing away on January 12, 2021. She and I were extremely close; miss her so much. With unavoidable restrictions, what hurt the most was not being able to sit with her during the five weeks that she was hospitalized with Covid. I was devastated. Still am. But I had to carry on.”

